



Social Skills Summer 2019

Exceptional Minds Adaptive Learning Academy is offering a **SUMMER 2019 Social Skills Program** for children ages 10-12. Group sizes will be kept at a 1:4 ratio which will enable students to interact and learn new skills within a group of appropriately matched peers.

Children must be able to engage in a 2-way conversation and work independently in a group environment to attend this program.

Our Social Skills Curriculum will follow Michelle Garcia Winner's *Superflex A Superhero Social Thinking Curriculum* and is supervised by our Clinical Co-ordinator Lindsay Farrow, M. PEd, BCBA.

Social Skills Include

- **Social Thinking**- learn how social information is part of the brain and how to modify our behaviours using Superflexible strategies to increase self-monitoring and self-awareness skills
- **Perspective Taking**- thinking about others (someone else's point of view) and expected and unexpected behaviours
- **Flexibility**- understand more about their own flexible and not so flexible thinking, socially and behaviourally
- **Social Smarts**- when to use social smarts by increasing awareness of their own thoughts and behaviours

Skills are taught through comics, discussion, scripted role-playing and engagement through facilitated games and activities. Take home assignments of the skills that are taught during each session will be provided to families to give them an opportunity to practice and maintain the skills throughout the week.

Monday's 9-11:30am

7 Week Program: July 8, 15, 22, 29, Aug 12, 19, 26

Program Fee: \$435.00

Registration forms: www.exceptionalminds.ca

416-360-5959

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